

Feeding the Crew: Two Bills of Fare

From the India- bound brig *Reaper*, 1809

Sunday	Beef, potatoes, bread, flour, rum
Monday	Beef, potatoes, bread
Tuesday	Pork, beans, bread
Wednesday	Fish. Potatoes, bread, rum
Thursday	Beef, rice, bread
Friday	Pork, beans, bread
Saturday	Fish. Potatoes, bread, rum

From the transatlantic ship *Edward*, 1837

Sunday	Breakfast	Coffee, bread, meat
	Dinner	Seapie or wheat duff, bread, meat
	Supper	Tea, bread, meat
Monday	Breakfast	Coffee, mush and molasses, bread, meat
	Dinner	Bean soup, bread, meat
	Supper	Tea, bread, meat
Tuesday	Breakfast	Coffee, bread, meat
	Dinner	Pea soup, bread, meat
	Supper	Tea, bread, meat
Wednesday	Breakfast	Coffee, meat, bread
	Dinner	Rice and molasses, meat, bread
	Supper	Tea, meat, bread
Thursday	Breakfast	Coffee, meat, bread
	Dinner	Indian duff and molasses, bread, meat
	Supper	Tea, bread, meat
Friday	Breakfast	Coffee, bread, meat
	Dinner	Potatoes, meat, bread
	Supper	Tea, meat, bread
Saturday	Breakfast	Coffee, mush and molasses, bread, meat
	Dinner	Codfish and potatoes, bread, meat
	Supper	Tea, bread, meat