Captain's Menu

Sunday	Ham, beans, bread with butter, wine
Monday	Chicken, potatoes, bread with cheese, coffee
Tuesday	Pork, rice, tea, chocolate, wine
Wednesday	Beef, pickles, beans, bread with butter, coffee
Thursday	Ham, pea soup, bread with butter, cake with lemon syrup, tea
Friday	Fresh fish with olive oil, potatoes, wine
Saturday	Chicken, rice, wine, cake with cinnamon and sugar, tea